

## **Mental Health and the Future: Are you prepared for the new way of working?**

Monday 13<sup>th</sup> July 2020

None of us have crystal balls, nor can we guess the winning lottery numbers, so how can we prepare for the future?

Preparation can take many forms, resilience building and education are but two that are available to you and your teams immediately.

This short webinar will start to examine what life in the SAP world may look like as we exit 2020 and enter 2021.

- Shift in thoughts and working practices
- Cost of doing nothing
- Do you already have the right policies of wellbeing in place?
- Are you prepared for supporting remote workers mental health after lockdown eases?
- What is the future of Mental Wellbeing going to be like? Legislation and you?
- What will you be doing differently as we move into H2 2020?

Join Simon Nichols and UKSUG to help prepare yourself and your teams for greater mental resilience as we move forward together.

### **Recording Link:**

<https://us02web.zoom.us/rec/share/w9xUKp375GxleJXs9VvgaPEeL93Beaa82iZPqfUIxRxDmjN6YkgbOSdWsH6HpgQZ>

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